

MA Art Therapy 2024



informed two-year, full-time (or three-year, part-time) Art Therapy training within a contemporary psychodynamic framework. Integrated into the curriculum are inter-subjective approaches, including attachment and trauma theory with an ability to connect these concepts through the process of creativity and expression in treatment within a South African context.



The Faculty of Art,
Design and Architecture
(FADA) is proud to
announce the first
Art Therapy Masters
qualification to be
offered in South Africa
and in Africa –
a momentous
achievement for UJ.

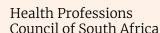
This new MA Art Therapy programme facilitates the process of exploration and critical inquiry, on both an internal and external level, to understand how meaning is created through art-making, which can then be applied in a clinical context. The programme focuses on creative, critical thinking and how this applies to clinical contexts according to ethical and professional standards (as outlined by the appropriate professional governing boards of the Health Professions Council of South Africa and the South African National Arts Therapies Association) in order to explore Art Therapy approaches within South African, pan-African and international contexts. In keeping with the university's focus on promoting African scholarship, this programme addresses the need for academically



adept, discipline-sophisticated and civic-minded graduates who are able to complete the Masters programme to respond to psychosocial challenges in a globalised environment through the use of art making, building on a sustainable model and practice for the arts in the realm of psychosocial environments.

NOTE: An MA Art Therapy and registration with the Health Professions Council of South Africa (HPCSA) must be obtained in order to practice as a clinical art therapist in South Africa. A BA Hons Art Therapy qualification (over 65%) is required in order to apply for the master's programme. In addition, a minimum of three years of psychology is a prerequisite for entry. Applicants will be interviewed for the MA programme.

This historic programme provides a momentous opportunity for piloting an innovative field of practice, using arts-based research as an appropriate African-centred methodology. This approach contributes to the national impetus for unravelling and replacing colonial research practices. The MA Art Therapy offers an internationally



Art therapists (and all creative arts therapists, i.e. drama therapists and music therapists) are registered under the 'OCP Board' which stands for Professional Board for Occupational Therapy, Medical Orthotics and Prosthetics and Arts Therapy (OCP Board). The scope of practice that regulates Art Therapy as a profession recognises its mental health practice and information on this is available on the HPCSA's website. In order to practice, registration as a health professional with the HPCSA with an Art Therapy qualification is required. The HPCSA defines the scope of practice and regulates professional outcomes etc. including charging third party healthcare schemes for treatment of patients.



The end point of this qualification is recognised and regulated by the HPCSA. The two-year Masters (full-time or three years part-time) is offered as a blended learning programme, meeting weekly online with two to three annual contact workshops on site.

The programme embraces the notion of cross-faculty, interdisciplinary and South-South



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> Link to MA Art Therapy web page.

The Future Reimagined

