



Psychometric Assessments FAQ's

**The Future
Reimagined**

What is a Psychometric Assessment?

To break it down, a psychometric assessment is a scientifically developed “test” used to gain information. It can be presented in the form of a questionnaire, multiple choice format or short sentence questions.

Is there a right or wrong answer when it comes to Psychometric Assessments?

Yes and no. If you are being assessed on a specific ability then yes there may be a correct answer to the question. If you are doing a personality or interest questionnaire for instance, then no, there cannot be a right or wrong answer as there are no right or wrong preferences. However, regardless of the type of assessment, we should never see the results as a “pass” or “fail”. Rather, information obtained should be seen as an opportunity to identify areas of development and grow as individuals.

Can I prepare for an assessment beforehand?

Although the word “assessment” may sometimes make us think of traditional tests, it is not generally something we can prepare for beforehand because we may not always know what is being assessed. That being said, we can however



PSYCHOLOGICAL
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