Welcome to the ACEPS-World Writing Retreat

Steps to success

- **1.** Turn off all distractions—phone, email, whatever else you use to procrastinate
- 2. Write your aim for the day in the chat
- 3. Write
- **4.** Take a quick lunch break, first writing in the chat whether you are on track
- 5. Write
- 6. At 17:00 write whether you achieved your aim

Have fun!!

