



# MASTER'S DEGREE IN LEADERSHIP COACHING

(COURSEWORK AND A MINOR DISSERTATION)

# WHAT ARE THE QUALIFICATION OBJECTIVES?

In complex business environments organisations depend upon capable leadership to guide them through unprecedented change. Coaching has become a critical strategy for leadership development to build a leader's capabilities to achieve professional and organisational goals. Despite increasing popularity, the majority of coaching training programmes provides little evidence of scientific rigour and professional competence.

Our Master's degree in Leadership Coaching provides a platform for you to develop applied competence at an advanced level in providing professional leadership coaching interventions. This will be done by developing the competences of contracting, assessing needs, constructing development plans, delivering individual and team coaching sessions and the evaluation of the impact of different coaching interventions through course work and supervised practical coaching.

Through a minor-dissertation, you will show evidence of competence at scientific research and the ability to reflect on the holistic context of leadership coaching. The Qualification will further provide a personal development experience in becoming a competent and professional leadership coach in South Africa meeting ethical guidelines and professional standards.

We aim to deliver Professional Leadership Coaches who are able to:

- operate as competent and professional Business, Leadership and Executive coaches
- deliver evidence-based coaching practices meeting ethical guidelines and professional standards
- build leader's capabilities to achieve personal, professional and organisational goals
- evaluate the impact of coaching interventions
- develop an authentic style of coaching

## CURRICULUM

- Psychological theories of coaching
- Leader, Leadership and Leadership Culture development: theories and practice
- Competence/ psychometric assessment in leadership coaching
- Practical coaching competencies
- Specialised area of professional practice: Business coaching/ coaching psychology
- Research Methodology

Course work is spread appropriately over the duration of the Qualification to provide sufficient time for practical skill development, peer coaching as well as supervised coaching experience. You will further be exposed to seven coaching sessions with a professional coach. Formal classes will be facilitated by recognised industry and academic experts in their respective fields. The Qualification is aligned to the Academic Program Standards Framework of the Graduate School Alliance for Executive Coaching (GSAEC) at Master degree level.

## DURATION

Part-time: Two years minimum, three years maximum



#### WHAT ARE THE ADMISSION REQUIREMENTS?

- A relevant Bachelor Honours Degree or a Professional Bachelor's Degree with a minimum of 120 credits at level 8, in a relevant field: degrees in psychology, industrial/organisational psychology, human resources management, leadership, management and other degrees where the focus was either on human behaviour or leadership/management
- Attained at least a 65% average in your Honours degree
- A module in Research Methodology at a Honours degree level
- Since the Qualification is aimed at developing professional leadership coaches, you should previously have distinguished yourself as a manager with at least three years of work experience at the middle to senior management level
- Student number constraints necessitate a selection process consisting of psychometric assessments, a research competence exercise and interviews
- You must be computer literate and have Internet access.

#### INTERNATIONAL STUDENTS

Please note that international students must first contact the International Office (Tel: 011 559 4517) or send an email to international@uj.ac.za before submitting an application. The general deadline for international applicants is 12:00 on the last Friday of August of each year.

#### APPLICATION CLOSING DATE

Before 30 September of each year. All applications are done online. Please visit the UJ website (www.uj.ac.za) for online procedures.

#### WHO CAN BE CONTACTED?

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