

CHIRONews

DEPARTMENT OF CHIROPRACTIC
UNIVERSITY OF JOHANNESBURG

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**"CHIROPRACTIC
CLINICIAN"**
JOURNAL LAUNCHED

UJ Community Engagement

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UJ STUDENT CHARITY DRIVES

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UNIVERSITY
OF
JOHANNESBURG

A NOTE FROM HOD

The University of Johannesburg continues to grow from strength to strength. UJ's global stature has been given a significant boost through its inclusion as one of the Top 500 universities in the Academic Ranking of World Universities (ARWU) released by the ShanghaiRanking Consultancy on Tuesday, 15 August. This is the most prestigious global ranking system in the world which uses only externally accessed, objective measures in its assessment of university performance. It is a ranking system that is heavily focused on research quality and impact.

Not only was this UJ's first appearance in this ranking system, but we find ourselves ranked highly in relation to our peer South African universities, having been placed fourth in South Africa – between Stellenbosch University in third place and the University of KwaZulu-Natal in fifth place, all in the 401-500 band. Wits University heads the list in the 201-300

band, followed by the University of Cape Town (301-400). The University of Pretoria falls in the 501-600 ranking band, followed by North West University in the 601-700 band, and the University of South Africa in the 701-800 band.

This is a significant achievement for what is in reality a young institution.

The department continues to explore avenues to continuously improve the status of the programme and profession within the country.

We hope you find the newsletter informative and welcome any input you may have.

Regards,

Dr C Yelueron (HOD: Chiropractic)

PROF CYNTHIA PETERSON APPOINTED AS VISITING PROFESSOR AT UJ



Prof Cynthia Peterson has been formally appointed as a visiting professor in the Department of Chiropractic. Prof Peterson has worked as a chiropractic radiologist and educator in 4 different countries. She currently holds 2 positions in Switzerland: Professor and researcher, Department of Radiology, Orthopaedic University hospital Balgrist; and Professor in the Chiropractic Medicine Programme, Faculty of Medicine, University of Zürich. She is the recent past Director of the accredited full-time post-graduate programme for chiropractors in Switzerland. She has published numerous research studies in a variety of journals including 'Spine', European Spine Journal, 'American Journal of Roentgenology', 'JMPT' and 'Skeletal Radiology'. She is currently Vice President of the European Council on Chiropractic Education.

The department looks forward to her contribution in various areas in increasing the status of the programme.

DR CHARMAINE BESTER RESIGNS

IT WITH SADNESS THAT THE DEPARTMENT BID FAREWELL TO **DR CHARMAINE BESTER** IN JULY 2017. DR BESTER HAD A SIGNIFICANT IMPACT ON THE DEPARTMENT, AND HER DEDICATION AND INPUT WILL BE SORELY MISSED. WE WISH HER AND HER FAMILY ALL THE BEST ON THEIR NEW VENTURE.



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UJ COMMUNITY ENGAGEMENT AT ETHEMBENI

Chiropractic is for all age ranges. Students studying chiropractic at the University of Johannesburg are trained to treat paediatrics through to geriatrics. The master's degree students in their final year of training have had the opportunity and privilege to assess and treat babies at **Ethembeni – place of hope**. Under supervision by a qualified chiropractor, the students examine, assess and treat the babies. This symbiotic relationship has been occurring on a consistent basis since January 2016. The optimal care of these precious lives is priority to all who care for them, and we are privileged to be a part of the team.

Dr Hay has co-ordinated this initiative and is to be commended on her hard work and diligence.



WELCOME TO OUR FIRST YEAR CLASS OF 2017

FIFTH YEAR CHIROPRACTIC CLINIC SIGNING



On Saturday the 25th of February 2017 the UJ Chiropractic Department welcomed the **5th Year class of 2017** into the Chiropractic clinic. We look forward to an exciting year as they embark on the next milestone taking them one step closer to their future.

We would like to extend a special thanks to all our invited guests from the Health Sciences Department and Chiropractic Association of South Africa for making the effort to be there on the day.

SPINAL SCREENINGS

Straighten-Up South Africa is a global initiative geared to improve the posture, structural development and self-esteem of our youth.

During School Health Week the UJ Chiropractic Department with the help of CASA and the WCCS UJ Chapter visited IH Harris Primary school and did spinal screenings of over 150 Grade R and Grade 1 pupils. The Screenings were followed by an interactive session where the pupils took part in the Straighten-Up Exercises.



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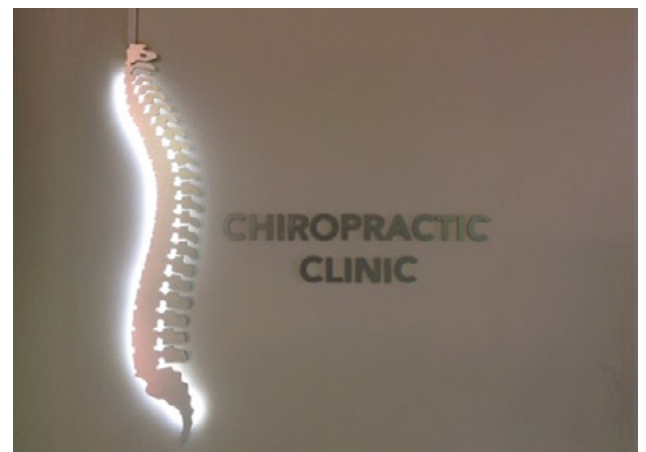


CHIROPRACTIC CLINIC UPGRADES

A DEDICATED PEDIATRIC ROOM HAS BEEN CREATED TO FACILITATE CHIROPRACTIC CARE

The UJ Chiropractic clinic received a R250 000 upgrade to facilities. These included repainting the clinic, new chiropractic beds, tables and chairs and aesthetic changes. The project is intended to enhance this clinic environment for both patients and students.

In addition, as part of enhancing the pediatric training at UJ, a dedicated Pediatric Room has been created to facilitate chiropractic care for this grouping.



DEDICATED TECHNIQUE ROOMS

As the success rates within the programme have improved, class sizes have increased for senior years.

A new dedicated chiropractic technique room (in addition to the current rooms) was developed to facilitate these increased sizes. The room can accommodate 20 treatment beds.



UJ WCCS AWARDED WFC HONOURS

ON THE 16TH OF OCTOBER
PEOPLE FROM ALL AROUND
THE WORLD JOIN TOGETHER TO
CREATE AWARENESS ABOUT THE
IMPORTANCE OF SPINAL HEALTH!

"STRAIGHTEN UP AND MOVE" WAS
THE THEME FOR THE WORLD SPINE
DAY (WSD) FOR 2016, HIGHLIGHTING
THE IMPORTANCE OF PHYSICAL
ACTIVITY AND IMPROVING POSTURE
FOR GOOD SPINAL HEALTH. THE
WCCS UJ CHAPTER ARRANGED A
NUMBER OF EVENTS IN THE WEEK
FOLLOWING WSD THAT INCLUDED:

1

FREE SPINAL SCREENINGS ON UJ APK CAMPUS

Students from main campus were educated on spinal health as well as made aware of the UJ Chiropractic Clinic on DFC.



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UJ WCCS AWARDED WFC HONOURS

(from page 05)

2

WORKOUT FOR PUPILS AT PARKDENE PRIMARY

WCCS UJ Chapter members along with the help of Ministry of Fitness facilitated 2 workout sessions at Parkdene Primary. Pupils were given an explanation of Chiropractic and the importance of spinal health as well as correct posture for sitting at desk. This was then followed by an exciting and interactive workout.



3

FREE SUNRISE PILATES

A 6am Pilates class was held at Zoo Lake that was attended by students, doctors, friends and family.



The WCCS UJ Chapter compiled a video of the week's events and entered it into the World Federation of Chiropractic World Spine Day Competition for 2016 and we are happy to announce that we placed 2nd in the Educational Institutions Category.

UJ STUDENT CHARITY DRIVES

AS PART OF THE COMMUNITY ENGAGEMENT OF THE STUDENT BODY, SCAG INITIATED THE FOLLOWING EVENTS:



PET RESCUE COLLECTION DRIVE

This year, one of the goals of the WCCS UJ Chapter is to place more emphasis on community service. We are aiming to organize one collection drive and one outreach event per term. This term, we collected donations in support of an animal shelter in Benoni. Pet Rescue was established about 11 years ago, and is a pro-life shelter that takes in abused, neglected and abandoned animals. At the time of our drive, they were caring for roughly 100 dogs and 35 cats daily. The chiropractic students responded very positively to our call, and we were able to drop off a large donation on Monday 7 March.

STOP HUNGER NOW

On Saturday 12 March, a group of WCCS members and chiropractic students, as well as supportive family members, gathered at the Stop Hunger Now warehouse for their monthly meal-packaging event. Stop Hunger Now is a volunteer based, meal-packaging and results oriented nutrition programme. The aim of the organization is to eradicate hunger in South Africa, with a particular focus on early childhood development centres. Over the two shifts, we reached our target of 50 000 meals packaged, and lots of fun was had by all.



"THE CHIROPRACTIC CLINICIAN" **JOURNAL LAUNCHED**

As the profession in South Africa has grown, the need for a dedicated journal for chiropractic has been discussed.

The Department of Chiropractic at the University of Johannesburg is pleased to announce the establishment of **"The Chiropractic Clinician"**.

The focus of this journal will be on evidence based approaches to chiropractic, but will accept articles

submitted that are musculoskeletal in nature that may be of interest to the chiropractic community. The format will be as per any credible scholarly journal, with an editorial board, and reviewers that will conduct blinded reviews on submissions.

The initial presentation of this journal will be to create discussion of research in the profession, and showcase good research from the respective institutions.

OATH TAKING CEREMONY 2017



The annual oath taking ceremony was as glamorous affair as ever, with Dr C Neethling as the speaker for the evening. Our thanks to all the dignitaries and staff that attended this evening.

Congratulations to Ms Natasha Flemmer on being awarded the Department Academic Excellence Award. Congratulations are also extended to Dr Gareth Hardy on

receiving the CASA Excellence Award for 2017.

In addition, Dr Chris Neethling received an appreciation award from the Department for 20 years of contributing to the UJ Chiropractic Clinic. The department, past and current students have always benefited from Dr Neethling's knowledge and input, and we thank him for this invaluable contribution.

