

DEPARTMENT OF CHIROPRACTIC

NEWSETTER

UNIVERSITY OF JOHANNESBURG

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RETHINK. REINVENT.

A NOTE FROM **CHRIS YELVERTON**



he Department and University had a busy year, with 2015 marking 10 years of the existence of the University of Johannesburg. The fact that the institution has achieved a top 5 position within South Africa and top 4% internationally is a testament to the focus on quality. The next few years will mark a change in the Department with new curriculum design being at the fore front. This is an exciting time, where aspects that have worked can be built on, and those that did not can be addressed to make the programme even better than the internationally accepted current

The department remains a strong, quality focused programme within the Faculty, with the busiest clinic within the institution, with an average of 800-1000 consultations per month being recorded.

We hope you find this newsletters informative.

We wish all the alumni and practitioners a blessed Christmas and 2016. Should you have any comments or suggestions, please email me at chrisy@uj.ac.za.

Or C Yelverton

Head: Department of Chiropractic, Faculty of Health Sciences

HOD VISITS UNIVERSITY OF ZURICH TO ESTABLISH RESEARCH COLLABORATION

Dr Yelverton visited the University of Zurich, Chiropractic programme at the end of 2014, interactions between the two institutions. This was an informative visit, medical training at the University. following this visit.





DEPARTMENT ENDORSES **EDUCATION STATEMENT**

he department, along with AECC, University of Zurich, University of Southern Denmark, University of South Wales, IFEC, Murdoch University, Macquarie University and DUT, have endorsed the Clinical and Professional Chiropractic Education: a Position Statement as presented at the WFC Conference. This places the department as collaborative partners with important chiropractic institutions internationally.

This document is an important statement in terms of what the

institutions are presenting, and will be presenting as part of their programmes, with the focus on: the welfare of the patient is paramount; and chiropractic education should be of the highest quality and be founded on the principles of evidence-based care; and curricula should be responsive to changing patient, societal and community needs and expectations within a modern health care system.

The full document is available on the UJ website on www.uj.ac.za, follow the links to chiropractic, or email chrisy@uj.ac.za.@





INCREASED RESEARCH **PUBLICATIONS BY STAFF**

he department continues to promote chiropractic by focusing in increasing the publication of our dissertations findings with 1 publication 2014, and in 2015 in internationally accredited journals. 2016 also promises to be a productive year for publications with four abstracts being accepted in 2015, the full

manuscript likely to be in print pending final peer review. The Departmental target is to achieve 2 publications per year.

CHIROPRACTIC DEGREES RECURRICULATED

As part of the Department of Higher Education alignment of qualifications, the current National Diploma, BTech and MTech qualifications are required to be recurriculated to comply with new frameworks in the higher education structure.

The department has submitted initial documentation to the relevant university structures for approval for submission to the Council on Higher Education and Department of Higher Education.

The new structure will be based on a four year Bachelor of Health Sciences in Chiropractic (honours degree equivalent), followed by the exit level qualification of a Master of Health Sciences in Chiropractic degree. The masters degree will focus in clinical expertise and experience, with course work, and a research dissertation at a 30% weighting overall. This is a significant change from previous years, and it is envisaged that this will allow for decreased time frames within the masters years, with focused clinical training ensuring graduates with relevant clinical expertise while still ensuring their ability to contribute to the overall research of the profession.

The new bachelors degree is proposed to be implemented in 2018, subject to relevant regulatory approval.

Workshops will be held in 2016 where input on curriculum content will be obtained from interested members of the profession.



DEPARTMENT OF CHIROPRACTIC UJ ALUMNI ESTABLISHED

The UJ Chiropractic Alumni grouping was initiating a strong long term alumni group for the graduates.

The elected interim committee of James

Sklar-Chik, Glen Peyton, Lisa Dickerson, Chase McWilliams and Amy McHarg are congratulated on

The department will be supporting these initiatives to establish a strong alumni for the future.



OATH TAKING CEREMONY IN BLACK AND WHITE

he annual oath taking ceremony was as glamourous affair as ever, with the class of 2015 deciding on a black and white theme, with Dr Brad Beira as the speaker for the evening. Our thanks to all the dignitaries and staff that attended this evening.

Congratulations to Ms Melanie Craig on being awarded the Department Academic Excellence Award for the highest mark for the course work component of the Masters year, and the Ross Potgieter/Heel Best Myofascial Student awards for 2015.

Congratulations are also extended to Dr Luke Schmidt on receiving the CASA Excellence Award for 2015.@







CHIROPRACTIC STUDENT EXCELS IN HOCKEY

iss Bernadette Coston, a Masters student in the chiropractic has excelled both academically and in her hockey field while as a student at UJ. Her sporting achievements include:

2011: Debut in Zimbabwe @ Africa Cup (1st Olympic Qualifier)

2012: 2nd Olympic Qualifier in India; London Olympic Games (10th overall); Champions Challenge in Ireland – played her 50th international cap 2013: Investec Challenge in Cape Town; Africa Cup in Kenya (World Cup Qualifier)

2014: Scotland Series; Argentina Series; Champions Challenge in Scotland (Bronze); World Cup in Holland - played her 100th international cap vs Japan (ended 9th); Commonwealth Games in Scotland (ended 4th) Achievements 2014: UJ Sportswoman of the year; UJ Student-Athlete of the year; Ekurhuleni Sportswoman of the year Achievements 2015: 3rd place UJ Sportswoman of the year; UJ Hockey Club Student-Athlete

Overall she has 125 caps for South Africa.

This is a significant achievement over and above her studying and we congratulate her on this stunning accomplishment.

WCCS CONTINUES STRONG ACTIVITIES

The 2014/2015 term for WCCS UJ, has been incredibly busy. The term started out with World Spine Day celebrations from 13 - 16 October 2014. An informational display was set up in the library foyer and UJ staff and students from all faculties received free spinal screenings.

All 3 of our annual fundraisers were a huge success. The Golf Day organised by Gareth Hardie made a profit of over R28 000, the Ladies Night organised by Janique Belli made a profit of R23 000 and the Comedy Night organised by Etienne Zeeman made over R8000. Thank you so much to the 3 event organisers for all their hard work!

WCCS UJ has also organised ongoing blood drives. Since November 2014 there have been 6 blood drives and these events have received great support. There have been approximately 60 donations between November 2014 and August 2015.

In April 2015, 6 UJ delegates attended the 36th WCCS AGM in Atlanta, USA. As always, the WCCS AGM was a life changing and passion igniting experience and all 6 delegates learnt and grew so much throughout the week. Thank you to Dr Yelverton and Professor Swart for their continued support in helping WCCS UJ attend the AGM every year.

Other events that WCCS UJ was involved with this year included the 2nd WCCS African Regional Event, hosted by DUT, and various Straighten Up South Africa events at local primary schools.

STUDENT SPORTS COUNCIL GROWS IN 2015

The student body has been as active as usual in 2015, with the following events and total treatments conducted:

- St Davids Cricket 2014: a total of 40 patients were seen, 14 of which were competitors and 26 of which were supporters, empires or coaches.
- COW CHOC MTB Believe mountain bike challenge 2014: a total of 22 patients were seen, 18 of which were competitors and 4 of which were supporters.
- Nissan Trail seeker 2014: total of 13 patients were treated, all of which were competitors
- 94.7 Cycle Challenge 2014: a total of 252 patients were treated, 249 of which were competitors and 3 supporters
- FNB Equestrian League 2015: a total of 50 patients were treated, 28 where supporters and 20 where competitors.
- Pick n Pay Marathon 2015: a total of 31 patients were treated
- KES Water Polo Festival 2015: a total of 62 patients were seen, 29 of which were competitors and 32 of which were supporters.
- Sarens Edenvale Marathon: a total of 63 patients were seen, 38 of which were competitors and 25 of which were supporters.
- KES Rugby Festival: a total of 124 patients were seen, 43 of which were



competitors and 81 of which were supporters.

- SA Track Gauteng Championships 2015: a total of 27 patients were seen, 8 of which were competitors and 16 of which were supporters.
- SA Track Championships 2015: a total of 93 patients were seen, 63 of which were competitors and 30 of which were supporters.
- Chiro Sport SA: a total of 93 patients were seen, 63 of which were competitors and 30 of which were supporters.
- 10 students were given the opportunity to work alongside Chiro Sport SA in the 2015 Cape Epic Cycle Challenge which was held in March this year.

The following students had the opportunity to work at these events: Warren Rees; James Parker; Evan Leggitt; Patrick Newman; Corne Lindeque; Melanie Craig; Gillian Johnston; Chanelle Scott-Crossley; Lousie Lamberti and Lauren Eves.