

Group Aqua Therapy Class

2019



We would like you to join us at the UJ Biokinetic and Aqua Rehabilitation Centre for Group aqua therapy sessions specialized for Parkinson's disease.

Benefits of Aqua Therapy for PD:

- Improves Balance
- Improves Activities of Daily Living
- Reduce Motor Dysfunction
- Improves Quality of Life



Small group sessions will be held on:

Time: Mondays 10:00- 11:00

Thursdays 12:00- 13:00

Place: UJ Biokinetic and Aqua Rehabilitation Centre,
Bunting road, Auckland Park.

For more information and prices contact:

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