

CENTRE FOR PSYCHOLOGICAL SERVICES AND CAREER DEVELOPMENT (PsyCaD)



Please contact PsyCaD for more details or an appointment:

Kingsway Campus | 011 559 3106/3324 | B5/ C Ring 1
GPS Co-ordinates: 26° 10'57.06"S / 27° 59'57.43"E

Bunting Road Campus | 011 559 1318 | Impala Court
GPS Co-ordinates: 26°11'25.5"S / 28°01'09.5"E

Doornfontein Campus | 011 559 6042 | House 2, next to Student Centre
GPS Co-ordinates: 26° 11'32.52"S / 28° 03'28.65"E

Soweto Campus | 011 559 5752 | Academic Block B
GPS Co-ordinates: 26° 15'35.97"S / 27° 55'26.48"E

PsyCaD Reception is open
Mondays – Fridays, from 7:30 – 16:00
(Closed on Public Holidays and during the UJ December recess)
www.uj.ac.za/psycad

mobi info: psycadinfo@uj.ac.za
011 559 4441

RETHINK EDUCATION.
REINVENT YOURSELF.



Centre for Psychological Services and Career Development (PsyCaD)

The Centre for Psychological Services and Career Development (PsyCaD) at the University of Johannesburg offers a broad spectrum of psychological and educational services to children, adolescents, students, staff and families with the aim of enhancing their psychological fitness to manage personal life challenges, increase productivity and to optimize their performance. This includes dealing with trauma and stress.

Counselling is offered to individuals, couples, families and groups.

All contact with PsyCaD is highly professional and strictly confidential.

PsyCaD is accredited by the Health Professions Council of South Africa (HPCSA) as a site for training of Intern Psychologists and Intern Psychometrists.

PsyCaD professional staff are Educational, Clinical and/

or Counselling Psychologists, registered with the HPCSA.

PsyCaD services offered include:

Therapy

- Short and long-term psychotherapeutic services for children, adolescents, parents, individuals, couples and families.
- Children and adults are assisted with concerns pertaining to:
 - ✓ Behavioural, attention, scholastic, or concentration difficulties
 - ✓ Sibling rivalry
 - ✓ Relationship difficulties, marriage difficulties, divorce
 - ✓ Anxiety, depression
 - ✓ Suicide
 - ✓ Bereavement
 - ✓ HIV/AIDS
 - ✓ Burnout, stress or work related concerns.
 - ✓ Trauma counselling is offered to victims of traumatic experiences such as armed robbery, hijacking, rape and assault.

Therapy

- Intellectual and personality assessments for adults and children (pre-school to adolescence)

- Included here are also assessments of learning development, attention, emotional and behavioural difficulties.

Career Services

- Grade 9 learners are assisted with subject choices for Grades 10-12.
- Grade 11 and 12 learners are assisted with career choices and career-related decisions.
- Career assessments are used to provide greater clarity about an individual's potential, interests, values and work related personality characteristics.
- Career management is aimed at assisting employees to enhance their skills to advance their careers. These include identifying interest, aptitude and abilities of employees.

CPD Workshops

Focuses on areas such as:

- Continuous Professional Development (CPD) workshops are facilitated for professionals in the field of Psychology, together with PsyCaD Workshops, for internal and external clients of UJ and PsyCaD

Services offered to people with Disabilities include

- A needs assessment aimed at assessing accessibility and support on campus. These include test and examination arrangements.

Rates (2012)

(Fees for assessments and therapy may be claimed back from medical aid).

Career Assessment Fees (2012)

Fixed group assessment: R1045.00
Individual Assessment (Child): R2200.00
Individual Assessment (Adult): R2585.00

Therapy Fees (2012)

Consultation sessions:
Individual or family
21 - 30 minutes: R225.00
31 - 50 minutes: R380.00
51 - 60 minutes: R460.00

Child
21 - 30 minutes: R143.00