

Faculty of Health Sciences
**HEALTH
TRAINING CENTRE**



**RETHINK EDUCATION.
REINVENT YOURSELF.**



**UNIVERSITY
OF
JOHANNESBURG**



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BIOKINETIC CLINIC

What is Biokinetics?

Biokinetics is a health profession specialising in the use of multiple exercise therapies (including hydro-therapy) to manage chronic and orthopaedic medical conditions. The practicing biokineticists are registered with the HPCSA (Health Professions Council of South Africa).

Services Available

The UJ Biokinetic Clinic specializes in the assessment and conservative intervention strategy design of the following:

- Orthopaedic conditions (e.g. low back / hip / knee / shoulder injuries or joint replacements)
- Chronic neural diseases (e.g. multiple sclerosis, Parkinson's disease)
- Muscular imbalances (e.g. hamstring weaknesses)
- Metabolic syndromes (e.g. diabetes)
- Training groups for children
- Training groups for advanced-age citizens
- Obesity (child and adult)
- Cardiovascular diseases (e.g. high blood pressure, high cholesterol)
- Sport injuries
- Physical Wellness enhancement

Clinic Hours

Auckland Park Bunting Road

Monday - Thursday: 07:00 - 18:00

Friday: 07:00 - 17:00

Fees

The Biokinetic Clinic charges according to the prescribed medical aid rates and once the payment has been made, statements can be submitted to medical aids for re-imburement. Payments can be made by cash, cheque, major credit card or electronic transfer.

Contact Details

The UJ Biokinetic Clinic is situated on the Auckland Park Bunting Road Campus adjacent to the SABC and Netcare Rehabilitation hospital (see map on page 15) and can be contacted on the following numbers:

Tel: 011 559 1298

Fax: 011 559 1324

Email: irenan@uj.ac.za



CHIROPRACTIC CLINIC

What is a Chiropractor?

The University of Johannesburg Chiropractic clinic offers a range of treatments for musculoskeletal conditions. This includes conditions such as headache, neck pain, back pain, sporting injuries and whiplash. Chiropractors recognise the inborn ability of the body to heal itself, and the relationship between structure (primarily the spine) and function (primarily the nervous system) in the restoration and maintenance of health.

Chiropractic practitioners are registered with the Allied Health Professions Council of South Africa (AHPCSA).

Chiropractic Clinic

Doornfontein Campus
Health Training Centre (Ground floor)
Sherwell Street (between Saratoga and Beit Street)
Doornfontein
Tel: 011 559 6493
Fax: 011 559 6496,
E-mail: chrisy@uj.ac.za

The Chiropractic clinic offers treatment by senior chiropractic students under the supervision of qualified practitioners. Rates at this clinic are kept low to ensure availability to all sectors of the community. As treatments are performed by students, treatment cannot be refunded by medical aids. The clinic operates from 08:30 - 17:00 Monday to Friday.

In addition, research projects are continuously being conducted at the Clinic. Persons interested should contact the Clinic to enquire about eligibility.

Services Available

Chiropractic is primarily concerned with the diagnosis, treatment and management of what are known as neuro-musculo-skeletal conditions such as:

- Lower back pain
- Neck pain and headaches including migraine
- Shoulder/arm pain such as tennis elbow
- Hip/leg pain including sciatica, knee pain and foot problem

In fact, chiropractors can help almost all conditions that are nerve/muscle or joint related, but the prime area of interest is the spine and spinal problems.

Anyone can benefit from chiropractic treatment including infants, children, pregnant woman, post operative back surgery cases, senior citizens and sports people.



HOMOEOPATHY CLINIC

What is Homoeopathy?

Homoeopathy is a system of treating disease that stimulates the body's natural healing mechanisms without toxic side-effects. Homoeopathic practitioners, as a diagnostic profession, are able to play a greater role in the healthcare of patients by recognising the need for referral and assuring that their prescriptions are allied to those of conventional medicine where required. Homoeopathic practitioners are registered with the Allied Health Professions Council of South Africa (AHPCSA).

Homoeopathy Clinic

Doornfontein Campus Clinic
Health Training Centre (1st Floor)
Sherwell Street (between Saratoga and Beit Street)
Doornfontein
Tel: 011 559 6497
Fax: 011 559 6496
E-mail: neilg@uj.ac.za

All services operate on an appointment basis and are offered at scheduled times.

Services Available

Homoeopathy is a complete treatment modality and is often used effectively to assist in the treatment of:

- Obesity
- Skin conditions
- Mental and emotional exhaustion
- Impotence
- Infertility
- Allergies
- Acute and chronic infections
- Arthritis
- Digestive Complaints
- Circulatory Disorders
- Pre- and post-surgery treatment
- Menstrual problems
- Anxiety
- Mild Depression

- Childhood development problems
- Common Childhood/Paediatric Conditions
- To enhance physical performance
- Diabetes and associated conditions
- HIV and AIDS related diseases

Clinic Hours

Monday - Thursday: 12:30 - 15:30
Friday: 13:30 - 15:30

AHPCSA registered practitioners, interns and student interns will oversee your treatment.

Fees

Fees charged at the Doornfontein Clinic are greatly reduced and special fees are available for students and pensioners.



OPTOMETRY CLINIC

What is an Optometrist?

An Optometrist is a Health Professional specializing in a range of professional eye-care services from visual screening and optometric consultation to advice on the purchase of appropriate lenses, frames and other optical aids. Optometrists are registered with the Health Professions Council of South Africa (HPCSA).

Optometry Clinics

Kingsway Campus

Entrance 2, Ditton Avenue, Auckland Park

Tel: 011 559 2845

Fax: 011 559 2091

E-mail: emiln@uj.ac.za

Doornfontein Campus

2nd Floor Health Training Centre,
Sherwell Street, Doornfontein.

Tel: 011 559 6493

Fax: 011 559 6496

E-mail: gracen@uj.ac.za

Services Available

Besides general clinics, specialized clinics include Contact lenses, Low vision, Binocular vision, Pediatrics and Ocular Pathology clinics. Pre-arranged visual screening for schools and industry are offered off campus. Clinics are open from Monday to Friday but offer limited services during university holidays. Senior students under supervision generally provide the eye-care service. The option of consultation with a qualified optometry staff member is also available.

Clinic Hours

Doornfontein Campus:

Monday - Friday: 08:00 - 16:00

Kingsway Campus:

Monday - Friday: 08:00 - 16:00

All services operate on an appointment basis and are offered at scheduled times.

Fees

Various payment options exist and differ between campuses. 'Budget' range options of optical devices are offered to bonafide pensioners, students and unemployed persons where payment is generally on a cash basis. Alternate options are available at the Doornfontein Campus for most medical aid patients where claims can be submitted directly.



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PODIATRY CLINIC

What is Podiatry

A Podiatrist is a health-care professional who assesses and manages foot and related lower-limb conditions. The University of Johannesburg Podiatry Clinic is an undergraduate teaching clinic open to members of the public. Registered practicing podiatrists with specialist interests supervise undergraduate students who carry out podiatric assessments and treatments. Podiatrists are registered with the Health Professions Council of South Africa (HPCSA).

Services Available

The University Podiatry Clinic provides a comprehensive range of podiatry services including:

- Foot and lower limb assessment
- Treatment of lesions of the skin and nail, including corns, callus, and nail problems
- Treatment of infections (e.g. plantar warts)
- Nail surgery
- Foot care and footwear education
- Biomechanical assessment
- Diabetic Foot screening
- Foot Wound management
- Assessment and management of the (At-Risk Foot) due to systemic pathology
- Insole and orthosis manufacture

Clinics

The following clinics are conducted each week through most of the year:

- Adult assessment and treatment
- Adult bio-mechanics and sports injuries
- Skin and Nail surgery
- Paediatric (children)
- High risk feet e.g. Diabetes

Clinic Hours

All services operate on an appointment basis and are offered at scheduled times.

Monday:	09:00 - 12:00 (general clinic); 14:15 - 16:00 (paediatric clinic)
Tuesday:	09:00 - 12:00 (general clinic)
Wednesday:	10:30 - 12:00 (wound clinic)
Thursday:	09:30 - 16:00 (general clinic)
Friday:	09:45 - 12:00 (general clinic, nail and minor skin surgery) 13:30 - 16:00 (sports clinic)

Fees

Reduced fees are levied to cover the costs of materials and to help upgrade Clinic equipment. These vary according to the type of service or treatment provided.

Further Information

Tel: 011 559 6167
Fax: 011 559 6435
E-mail: rinad@uj.ac.za

John Orr Building (1st Floor)
Sherwell Street
(between Saratoga and Beit street)
Doornfontein



SOMATOLOGY CLINIC

What is a Somatologist?

Health and Skincare professional specialising in facial and body treatments, including complementary therapies such as Aromatherapy, Massage & Reflexology.

Somatology Clinics

Doornfontein Clinic
 Health Training Centre (2nd floor)
 Sherwell Street (between Saratoga and Beit Street)
 Doornfontein
 Tel: 011 559 6525
 Fax: 011 559 6496
 E-mail: somaclinic@uj.ac.za

Services Available:

Skin & Body Analysis

Facial Treatments:

- Deep cleansing
- Hydrating (Hydradermie)
- Rejuvenating (Laser & Ultra-sound)
- Anti-ageing (Perfactor)

Body Treatments:

- Cellulite & Toning
- Aromatherapy
- Massage
- Reflexology
- Waxing
- Manicures & Pedicures

The Doornfontein clinic is a SAAHSP recognised clinic where 2nd and 3rd year students work under the supervision of a qualified clinician as part of their experiential training.

The clinic retails high-quality products for home-care.



RADIOGRAPHY CLINIC

What is a Radiographer?

A health professional specializing in imaging techniques to aid in the diagnosis of various diseases.

All radiographers are registered with the HPCSA.
(Health Professions Council of South Africa)

Radiography / X-ray clinics

University of Johannesburg

Health Training Centre (Ground floor)

Sherwell Street (between Saratoga and Beit Street)

Doornfontein Campus

Services Available

- Non-contrast skeletal, chest & abdominal X-rays
- Abdominal & baseline obstetric ultrasound investigations

Clinic Hours

By appointment only:

- X-rays: Monday & Thursday 12:00 - 15:00
- Ultrasound - in liaison with ultrasonographers:
see contact details below

A HPCSA registered radiographer & radiologist will supervise the investigations.

Fees

The X-ray department does not operate under a private practise number and fees can therefore not be claimed back from medical aid. Our fees however are considerably more favourable than those charged by other service providers. Fees can be paid in cash or by cheque.

Contact Details

X-ray investigations:

Tel: 011 559 6493

Fax: 011 559 6496

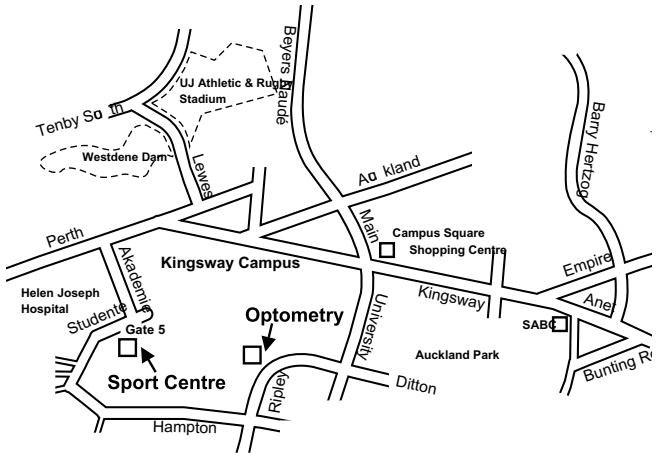
Ultrasound investigations:

Tel: 011 559 6231 or 559 6242

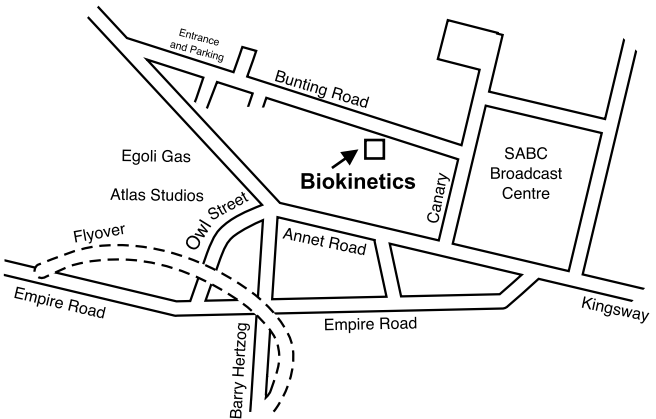
E-mail: amandal@uj.ac.za



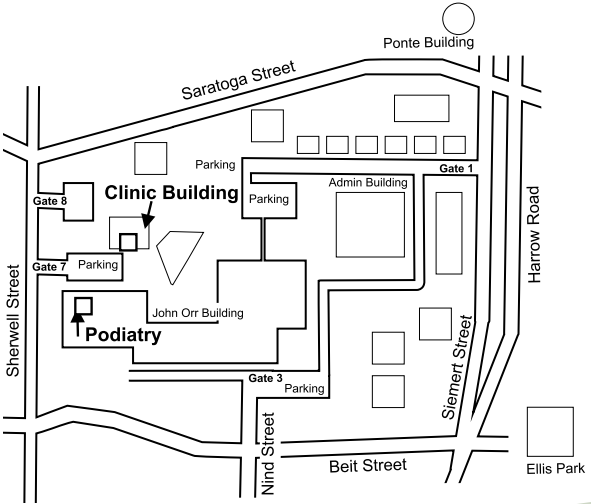
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For more information visit www.uj.ac.za
or call (011) 559 2637.